Figure Skating Events
Sample Basic Skills Competition
February 24, 2017

Sample Ice Rink
123 Sample Street.
Sample City, NC 12345

All applications must be postmarked before January 27, 2017
US Figure Basic Skills Approval # NN-AA-NN
For registration instructions go to
www.FigureSkatingEvents.com
The Sample Ice Rink invites you to participate in our US Figure Skating Basic Skills Competition. The competition is open to all eligible members of US Figure Skating and participants in the US Figure Skating Basic Skills Program. The purpose of this competition is to promote a positive, fun way to encourage competitive skating and ensure a feeling of accomplishment among skaters. The competition is open to Snowplow Sam, Basic 1-8, Freeskate 1-6, No Test thru Preliminary level skaters and will be conducted in accordance with the rules set forth in the 2007 rule book, except as noted in this announcement. The competition will be held at the Sample Ice Rink on Saturday, February 24, 2017, located at 123 Sample Street, Sample City, NC 12345.

**ELIGIBILITY**
This competition is open to all skaters who are current eligible (ER1.00) members of either the Basic Skills Program and/or are full members. To be eligible, skaters must have submitted a membership application or be a member in good standing. Skaters who have passed no higher than Preliminary Free Skating, Preliminary Moves in the Field, Preliminary Dance, or Adult Bronze Free Skating Tests (only if these events are offered) and are currently enrolled in either a Basic Skills program or are full members are eligible to compete.

Eligibility will be based on skill level as of closing date of entries. All Snowplow Sam and Basic Skills skaters through Basic 8 must skate at highest level passed. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

Skaters must compete at highest level passed as of the designated closing date for entries.

Skaters who have passed any complete official U.S. Figure Skating tests no longer qualify to compete in the badge levels (i.e. Snowplow Sam, Basics, and Free Skate).

Please note: If a skater competes at a non-qualifying competition in a “Beginner or No Test” category, then that skater must compete at the equivalent or higher level in a Basic Skills approved competition. Eligibility will be based on skill level as of January 27, 2017.

**RULES**
Skaters will be divided into groups of six skaters or less in all divisions, according to birth date. All events are separate, and there will be no final rounds. Males and females may, or may not, be placed in the same group. The organizers reserve the right to limit the number of entries due to time constraints.

**ENTRIES AND FEES**
Registration for this event must be made online at [www.FigureSkatingEvents.com](http://www.FigureSkatingEvents.com). After submitting the online registration form, a copy of the registration form will be emailed to you. You will need to print the email containing this form and send it along with your payment for the event to:

Sample Ice Rink, 123 Sample Street, Sample City, NC 12345
Attn: Basic Skills Competition Registration

All entries must be returned to the Sample Ice Rink postmarked no later than January 27, 2017, which is the closing date of entries for the competition. Metered entries will not be accepted. The first event is $25.00 and each additional event is $10.00. No refunds are given after closing date unless the Sample Ice Rink cancels the competition or a particular event. Entry forms must be filled out completely and submitted with payment in full. Checks and/or money orders must be made payable to the Sample Ice Rink and they must include a driver’s license number, a phone number, and the Transaction ID from the online registration form. There will be $35.00 fee for returned checks. **Any change of event as a result of your mistake will result in a $20 fee for each event changed.**

**AWARDS**
All competitors will receive an award. All events are final round. Medals will be awarded to first, second, and third placements; all other placements will be given ribbons. All awards will be given during the competition at the times stated on the final competition schedule.
JUDGING
Performances will be judged on required elements, technical skating skills, and presentation. Events will be judged by a panel of at least three judges. Judges may be: 1) official US Figure Skating or Skate Canada Judge 2) qualified eligible or ineligible person in skating who is a US Figure Skating member and/or Basic Skills member. The referee handles any disputes that may occur.

SCHEDULE OF EVENTS
Information will be posted at the Sample Ice Rink and available upon request no later than February 12, 2007. The schedule will be emailed to competitors and posted at the Sample Ice Rink.

MUSIC
The music for all programs must be provided by the skater on CD’s, no more than one event per CD. The music must be turned in at registration time no later than one (1) hour before the event to be skated, ready to play, and clearly marked with the competitor’s name, event, and actual running time of the music. The time duration is always +/- 10 seconds. Competitors must have a backup copy of their music, quickly retrievable in the event of technical difficulties. All CDs must be picked up at the registration desk by the end of the competition. The Sample Ice Rink will not be responsible for music left behind.

PRACTICE ICE
Practice ice will be available on Saturday February 27, 2017 before the start of the competition. Check the schedule of events for the practice ice times. The sessions are 20 minutes in length and will be $7.00 per session pre-paid, or if space is available, can be purchased the day of the competition for $10.00. Payment can be made at the practice ice table, located near the entrance to the rink. Each session will have a maximum of 20 skaters.

FACILITY
Sample Ice Rink is located at 123 Sample Street, Sample City, NC, 12345. The rink is 85’ x 200’ with rounded corners. The facility has a snack bar and a pro shop that sells figure skating supplies. The facility does not allow any food or drink to be brought inside. Dressing rooms are also available. Directions to the facility can be found at www.SampleIceRink.com.

DRESSING ROOMS
Locker rooms will be available for use as dressing rooms. The rink is not responsible for lost or stolen property.

ADMISSION
Admission is free to all events.

PHOTOGRAPHY
Professional photography will be available. Personal videotaping is permitted. There will be NO flash photography permitted in the ice arena.

CONTACTS
For more information please contact:
Competition Chair: Joe Chair/ Joe.Chair@SampleIceRink.com or (919) 123-4567

ACCOMODATIONS
Holiday Inn Express (2.8 miles from facility)      Micro Inn & Suites
202 Cardinal Dr.                           120 Old Dogwood St.
Hillsborough, NC 27278             Hillsborough, NC 27278
(919) 644-7997                     (919) 245-3102
$69.99 – 2 Queens or 1 King        $39.95 – 1 Queen or $49.95 - 2 Queen
Continental Breakfast               Continental Breakfast
Code: FSC Expires 1/ 27                         Expires 1/ 27
ELEMENTS EVENT - (Snowplow Sam – Basic 8 Levels)

Elements event will be skated on 1/2 to 1/3 ice with no music. All elements must be skated in the order listed. The time limit for this event is 1 minute.

REQUIRED ELEMENTS:

**Snowplow Sam (Tots)**
1. March followed by a two-foot glide and dip
2. Forward two-foot swizzles - 2-3 in a row
3. Forward snowplow stop
4. Backward wiggles - 2-6 in a row

**Basic 1**
1. Forward two-foot glide
2. Forward two-foot swizzles - 6-8 in a row
3. Forward snowplow stop
4. Backward wiggles - 6-8 in a row

**Basic 2**
1. Forward one-foot glide - *either* foot
2. Backward two-foot swizzles - 6-8 in a row
3. Two-foot turn in place - forward to backward
4. Moving snowplow stop
5. Forward alternating ½ swizzle pumps, in a straight line - across width of ice

**Basic 3**
1. Forward stroking
2. Forward ½ swizzle pumps on a circle, *either* clockwise or counter clockwise - 6-8 consecutive
3. Moving forward to backward two-foot turn – *either* direction
4. Backward one-foot glide - *either* foot
5. Two-foot spin

**Basic 4**
1. Forward outside edge on a circle- clockwise or counterclockwise
2. Forward crossovers- 6-8 consecutive- both directions
3. Forward outside 3-turn - R and L
4. Backward stroking
5. Backward snowplow stop - R or L

**Basic 5**
1. Backward outside edge on a circle- clockwise or counterclockwise
2. Backward crossovers – 6-8 consecutive- both directions
3. One-foot Upright spin - minimum of 3 revolutions
4. Hockey Stop
5. Side Toe hop - *either* direction

**Basic 6**
1. Forward inside 3-turn - R and L
2. T-stop - R or L
3. Bunny Hop
4. Forward arabesque (spiral) on a straight line - R or L
5. Lunge - R or L

**Basic 7**
1. Forward inside open mohawk - R to L and L to R
2. Ballet jump - *either* direction
3. Backward crossovers to a backward outside edge landing position clockwise and counterclockwise
4. Forward inside pivot

**Basic 8**
1. Moving forward outside or forward inside three-turns - R and L
2. Waltz jump
3. Mazurka - *either* direction
4. Combination move - clockwise or counterclockwise (from Basic 8 curriculum)
5. One-foot upright spin, optional free foot position

FREESKATE COMPULSORY PROGRAMS (Freeskate 1-6)

Freeskate Compulsory Program event will be skated on 1/2 ice with no music. **Elements may be skated in any order.** The time limit for this event is 1 minute or less.

REQUIRED ELEMENTS

**Compulsory Freeskate level 1**
1. Advanced forward stroking – 4-6 consecutive strokes
2. Basic forward outside edges and forward inside consecutive edges - 2-4 outside and 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

**Compulsory Freeskate level 2**
1. Forward outside spiral - R or L, and a forward inside spiral - R or L
2. Waltz Three’s- R or L
3. Beginning back spin- entry optional
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

**Compulsory Freeskate level 3**
1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls - 4-6 consecutive
3. Back spin
4. Salchow jump
5. Waltz jump/toe loop or Salchow/toe loop

**Compulsory Freeskate level 4**
1. Spiral sequence, Fl spiral, Fl mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3’s, 2-3 consecutive sets, - R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

**Compulsory Freeskate level 5**
1. Spiral Sequence, FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop jump
5. Flip jump

**Compulsory Freeskate level 6**
1. Five step mohawk sequence – 1 set alternating pattern
2. Camel, sit spin combination - minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, 1/2 loop, Salchow combination
5. Lutz jump
BASIC PROGRAMS (Snowplow Sam – Basic 1-8) – with music
The Basic Program event will be skated to music on full ice. Vocal music is permitted. Deductions will be made if elements from a higher level are skated. The time limit is 1 minute +/-10 seconds. The skating order of the required elements is optional. The elements are not restricted as to number of times element is executed, or length of glides, number of revolutions in a spin etc., unless otherwise stated. A minimum number of connecting steps are allowed.

REQUIRED ELEMENTS:

**Snowplow Sam Program (Tots)**
1. Forward skating
2. Backward wiggles
3. Glide forward and dip
4. Snowplow stop

**Basic Program A (Basic 1 & 2)**
1. Glide forward and dip
2. Moving snowplow stop
3. Forward two-foot swizzles
4. Backward skating (wiggles or swizzles)

**Basic Program B (Basic 3 & 4)**
1. Backward 1/2 swizzle pumps on a circle - clockwise or counter clockwise
2. Two-foot spin
3. Forward crossovers - minimum of 5 consecutive, clockwise or counter clockwise
4. Backward one foot glide - R or L

**Basic Program C (Basic 5 & 6)**
1. Backward crossovers - minimum of 5 consecutive, clockwise or counter clockwise
2. One-foot spin
3. Bunny hop
4. Forward (arabesque spiral) on a straight line - R or L

**Basic Program D (Basic 7 & 8)**
1. Beginning one foot upright spin, optional free foot
2. Mazurka or ballet jump
3. Waltz jump
4. Combination move (Basic 8 curriculum one set only)

FREESKATE PROGRAM (Basic Skills Freeskate 1-6) – with music
The Freeskate Program events will be skated to music on full ice. No vocal music is permitted. Deductions will be made if elements from a higher level are performed. Time limit is 1 minute 30 seconds +/-10 seconds. Programs must contain the following required elements:

REQUIRED ELEMENTS:

**Freeskate level 1**
1. Advanced forward stroking (4-6 consecutive strokes)
2. Basic forward outside edges or forward inside consecutive edges - 2-4 outside or 2-4 inside edges
3. Scratch spin from backward crossovers
4. Waltz jump from backward crossovers
5. Half flip jump

**Freeskate level 2**
1. Forward outside spiral - R or L
2. Waltz Threes – R or L
3. Beginning back spin
4. Waltz jump, side toe hop, waltz jump series
5. Toe loop jump

**Freeskate level 3**
1. Forward crossovers in a figure 8
2. Advanced forward outside swing rolls - 4-6 consecutive
3. Back spin
4. Salchow
5. Waltz jump/toe loop or Salchow/toe loop

**Freeskate level 4**
1. Spiral sequence: FL spiral, FL mohawk, BO spiral, clockwise or counter clockwise
2. Forward power 3’s, 2-3 consecutive sets,- R or L
3. Sit spin
4. Loop jump
5. Waltz jump/loop jump

**Freeskate level 5**
1. Spiral Sequence: FO spiral, forward outside 3 turn, one backward crossover, backward inside spiral
2. Camel spin
3. Forward upright spin to back upright spin
4. Loop/loop combination jump
5. Flip jump

**Freeskate level 6**
1. Five step mohawk sequence - 1 set1 alternating pattern (refer to Basic Skills curriculum Freeskate level 6)
2. Camel, sit spin combination - minimum of 4 revolutions total
3. Split jump or stag jump
4. Waltz jump, 1/2 loop, Salchow combination
5. Lutz jump

SHOWCASE EVENT
The Showcase event will be open to all skaters Basic 1 and up and skated on full ice. Vocal music is permitted. The judging will emphasize interpretation of music rather than technical skills. Costumes and props that complement music are encouraged. Props must be hand held or those that a skater can get on and off ice without assistance.

<table>
<thead>
<tr>
<th>Showcase</th>
<th>Time Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>E – Basic 1 – 4</td>
<td>1 minute</td>
</tr>
<tr>
<td>F – Basic 5 – 8</td>
<td>1 minute</td>
</tr>
<tr>
<td>G – Freeskate 1 – 3</td>
<td>1 minute 30 seconds</td>
</tr>
<tr>
<td>H – Freeskate 4 – 6</td>
<td>1 minute 30 seconds</td>
</tr>
<tr>
<td>I – Couples Basic 1 and up</td>
<td>1 minute 30 seconds</td>
</tr>
</tbody>
</table>

Note: Props, Scenery, and costumes considered hazardous will not be allowed on the ice. If something is questionable, please notify the competition chairperson before the competition. Prohibited: feathers, glass, open flames, live animals, any substance that alters the surface of the ice.
**JUMP EVENT**
Skater must have not passed a higher freeskating test than competing level. Skaters perform a series of jumps with minimal connecting footwork, without music, on half ice. Connecting steps will not affect the scoring. There will be deductions for any spins done. Jumps should be performed exactly as stated, but may be skated in any order. Skaters will be given ONE opportunity to perform each jump. Repetitions of unsuccessfully executed jumps are not allowed. Men and women will compete together. **Time limit for jump program is 1 minute max.**

**REQUIRED ELEMENTS**
- Freeskate 1-3
  - 2 solo jumps (waltz, toe loop or salchow),
  - 1 combination jump or sequence (w/ waltz jump, toe loop or salchow)
- Freeskate 4-6
  - 2 solo jumps (loop, flip or lutz), 1 combination jump or sequence (w/ loop, flip or lutz)
- No Test
  - 1 three jump combination; Loop jump; 1 solo jump (no axel or double jumps permitted)
- Pre-Pre
  - 1 three jump combination; Split jump; 1 solo jump (no double jumps permitted)
- Preliminary
  - Axel combination; Lutz jump combination; 1 solo jump (single or double)

**FOOTWORK EVENT**
Skaters perform footwork sequences of their own design, without music, on half ice. The program should contain a variety of turns and sequences and emphasize the skater's controlled edges and turns in addition to speed and quickness of the routine. The program may contain one-half rotation jumps and spins with less than 3 revolutions. Men and women will compete together.

- Freeskate 1-3
  - Time Limit: 1 minute
- Freeskate 4-6
  - Time Limit: 1 minute
- No Test
  - Time Limit: 1 minute
- Pre-Preliminary
  - Time Limit: 1 minute 30 seconds
- Preliminary
  - Time Limit: 1 minute 30 seconds

**TEAM EVENT**
A team of three skaters, each skater will do one required element. Judging is done with one mark for each element (skater) for total team points. **Time Limit: 1 minute 30 seconds or less.**

**REQUIRED ELEMENTS**
- Freeskate 1-3
  - Fwd outside spiral (either foot), One foot back spin, Salchow/toe loop combination
- Freeskate 4-6
  - Spiral Sequence: FI Spiral/ FI Mohawk/ BO Spiral, Fwd. Sit spin, Lutz Jump
- No Test
  - Spiral Sequence: FO Spiral/ FO 3-turn/ 1 bwd. Crossover/ BI Spiral, Fwd Camel spin, Axel
- Pre-Preliminary
  - Waltz Eight, Fwd. Camel/ Back sit spin, Axel/ loop combination
- Preliminary
  - Alternating fwd. 3-turns (3 per foot), Flying Camel, Double toe loop

**COMPULSORY EVENTS (No Test thru Preliminary)**
Freeskate Compulsory Program event will be skated on 1/2 ice with no music. Deductions will be taken for unlisted or additional elements. Repetitions of unsuccessfully executed elements are not allowed. Men and women will compete together.

- **No Test Compulsory Program**- May not have passed any official U.S. Figure Skating Freeskating tests. **Time limit: 1:00 max**
  1. Waltz Jump
  2. Salchow jump
  3. Half flip or half lutz jump
  4. 1 ft spin
  5. Forward spiral

- **Pre-preliminary Compulsory Program**- Must have passed no higher than U.S. Figure Skating Pre-preliminary Freeskating test. **Time limit: 1:00 max**
  1. Flip jump
  2. Combination jump consisting of any two single jumps (No Axel)
  3. Split jump
  4. Sit spin (min. 3 revolutions)
  5. Forward outside spiral

- **Preliminary Compulsory Program**- Must have passed no higher than U.S. Figure Skating Preliminary Freeskate test. **Time limit: 1:30 max**
  1. Single jump of choice (Axel permitted)
  2. Combination jump consisting of any two single jumps (may not repeat single jump selected above)
  3. Camel spin (min. 3 revolutions)
  4. Combination spin (no change of foot)
  5. Footwork sequence – straight line or diagonal
Sample Ice Rink
US Figure Skating Basic Skills Competition

FREESKATE EVENTS:

**Beginner (No Test) Free Skate Program** - May not have passed any official U.S. Figure Skating free skate tests. (Refer to the Rulebook #3721)
A well-balanced program consisting of single jumps (no Axel or doubles permitted), at least one (1) jump combination or series, a minimum of two (2) spins of a different nature and one (1) step or spiral sequence.

**Pre-preliminary Free Skate Program** - Must have passed no higher than U.S. Figure Skating pre-preliminary Free Skate test. (Refer to the Rulebook #3711)

<table>
<thead>
<tr>
<th>Pre-preliminary Free Skate A:</th>
<th>Pre-preliminary Free Skate B:</th>
</tr>
</thead>
<tbody>
<tr>
<td>A well-balanced program consisting of all single revolution jumps (no axels or double jumps permitted), single combination jumps, single jump sequences. A minimum of two (2) spins of a different nature. One (1) step sequence or spiral sequence.</td>
<td>The number of single jumps is not limited. An axel permitted and may be repeated as an individual jump, or in jump sequences or jump combinations. At least one jump combination or sequence of jumps (number of jumps to be included is free) but no more than three (3) in total. No double jumps permitted. A minimum of two (2) spins of a different nature. These required spins must have a minimum of three (3) revolutions. One (1) step or spiral sequence.</td>
</tr>
</tbody>
</table>

**Preliminary Free Skate Program** - Must have passed no higher than U.S. Figure Skating preliminary free skate test. (Refer to USFSA rulebook #3701).
A well-balanced program may include all single jumps, axels and two different double jumps which may be repeated as individual jumps, jump sequences or jump combinations. A minimum of two (2) spins of a different nature and one (1) step sequence or spiral sequence utilizing ½ the ice surface.